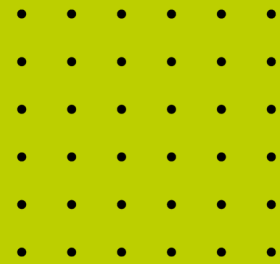


LESSON PLAN



Supporting learners with interview preparation using AI

60 mins

Learning Objectives

By the end of the session, learners will be able to:

- Practise interview answers in a supportive way
- Understand how AI can help prepare, without replacing human judgement
- Improve answers using feedback
- Practise handling follow-up questions

Setup (Educator-led - 5 minutes)

- Students work individually or in pairs
- Each student needs access to:
 - A device (laptop/tablet/phone)
 - An AI tool with chat functionality (e.g. Copilot, ChatGPT, Claude, or an approved school tool)
- Provide a sample job role (or allow students to use one that they're applying for)
- Provide reflection prompts (printed or on screen)

Educator input

- Explain:
 - Interviews assess *how* you communicate as well as *what* you say
 - AI can help practise safely and privately
 - Humans still make final decisions

Inclusion Tips

- Allow written OR spoken responses
- Avoid forced role-play

- Provide templates and examples
- Normalise pauses and imperfect answers

Lesson Outline

1. AI as the interviewer (10 min)

Activity:

Ask students to prompt the AI with something like:

“Act as an interview panel for a [job/apprenticeship/course]. Ask me one interview question at a time and wait for my response.”

Students:

- Answer 3–4 interview questions in writing or verbally (if appropriate)
- Treat it as a real interview, not a test

Tip for educators: Encourage full responses, not bullet points.

2. AI as feedback coach (10 min)

Students then ask:

“Give me constructive feedback on my answers. Focus on clarity, relevance, confidence, and suggestions for improvement.”

They should:

- Note 2–3 specific improvement points
- Identify one strength the AI highlighted

Inclusive support:

Provide a feedback checklist learners can tick.

3. Improve & human check (10-15 mins)

Students:

- Rewrite or re-answer one question using the feedback
- Share their revised answer with:
 - A peer, or
 - The educator/careers lead

Educator prompts discussion around:

- Does the answer sound natural?
- Is it authentic to the student?
- Would this work in a real conversation?

4. Practising follow-up questions with AI (10 mins)

Explain:

Real interviews don't stop after one answer.

Students prompt AI:

"Based on my previous answer, ask me a realistic follow-up interview question."

Then:

- Answer the follow-up
- Ask AI:

"Was my follow-up answer clear and confident? How could I improve it?"

5. Reflection (5 min)

- Students complete a short reflection:
- What did AI help me with?
- What feedback was most useful?
- What should I focus on in a real interview?